



CDSS

WILL LIGHTBOURNE
DIRECTOR

STATE OF CALIFORNIA - HEALTH AND HUMAN SERVICES AGENCY

DEPARTMENT OF SOCIAL SERVICES

744 P STREET, MS 8-3-54
SACRAMENTO, CA 95814



EDMUND G. BROWN JR.
GOVERNOR

October 08, 2014

FOREST RIDGE YOUTH SERVICES: ELLINWOOD- 602300073
PO BOX 515
ESTHERVILLE, IA 51334

SUBJECT: Re-Certification by the California Department of Social Services (CDSS)

Capacity : 12 female youth; ages 12-17

Pursuant to California Family Code, Section 7911 et al., this is official notification that CDSS certification for Forest Ridge - Ellinwood, located at 4410 210th Street, Estherville, Iowa 51334 is continued through June 2015.

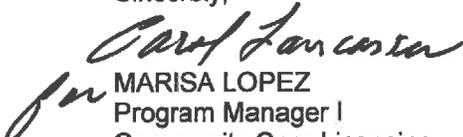
California licensing standards require that all serious incidents continue to be reported to CDSS Out-of-State Placement Policy Unit for each child in care regardless of whether he or she is a California placement. Incident reporting shall include the following:

- a. Deaths
- b. Suicide attempts
- c. Suspected physical, sexual, or psychological abuse
- d. Epidemic outbreaks and catastrophes
- e. Injuries and illnesses that require hospitalization or medical treatment (beyond first-aid)
- f. Use of restraint (whether or not they result in an injury to a child)
- g. Any unusual incident or absence that threatens the health or safety of a child

Certification will continue to be reviewed annually. We will continue to follow our Department policy which authorizes us to inspect facilities with or without an appointment as necessary,

If you have any questions please contact me at (916) 651-5380, or Carol Lancaster, Out-of-State Certification Analyst, at (916) 838-5751.

Sincerely,


MARISA LOPEZ

Program Manager I
Community Care Licensing
Children's Residential Program

C: CDSS Compact Administrator

**STATE OF CALIFORNIA CHILD AND HUMAN SERVICES AGENCY
FACILITY EVALUATION REPORT**

CALIFORNIA DEPARTMENT OF SOCIAL SERVICES
COMMUNITY CARE LICENSING DIVISION
CCLD Regional Office, 744 P STREET, MS 8-3-54
SACRAMENTO, CA 95814

FACILITY NAME: FOREST RIDGE YOUTH SERVICES: ELLINWOOD	FACILITY NUMBER: 602300073
ADMINISTRATOR: JENNIFER SIEVERT	FACILITY TYPE: 731
ADDRESS: 4410 210TH STREET	TELEPHONE: (712) 867-4724
CITY: ESTHERVILLE	STATE: IA
CAPACITY: 12	ZIP CODE: 51334
TYPE OF VISIT: Case Management; <i>Re-Cert.</i>	CENSUS: 12
MET WITH: Jennifer Sievert, Executive Director; Chad Jacobson, Group Living Director	DATE: 10/08/2014
	TIME BEGAN: 01:48 PM
	TIME COMPLETED: 04:34 PM

NARRATIVE

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2 PURPOSE OF VISIT:
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4 As mandated by California law, this visit was performed by the undersigned analyst with the California
5 Department of Social Services (CDSS) on June 11, 2013. This annual evaluation is conducted for the
6 purpose of recertification and to assure that the facility continues to:
7 • have adequate and appropriate resources to provide safe, suitable 24-hour residential care, supervision
8 and treatment services to youth in care.
9 • remain in substantial compliance with California licensing standards and regulations, as well as licensing
10 laws and standards of the state the facility is located - in this case, the state Iowa.
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12 CERTIFICATION HISTORY:
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14 Pursuant to California Family Code Section 7911 et al., Forest Ridge - Ellinwood was initially certified by the
15 CDSS April 29, 2009; and has been re-certified annually since.
16
17 FACILITY INFORMATION, BACKGROUND AND PROGRAM:
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19 Forest Ridge Youth & Family Resource Services was duly incorporated by the Iowa Secretary of State as a
20 non-profit corporation on September 17, 2007. In addition to operating residential programs for females at
21 two different rural locations in Northern Iowa; they also operate a shelter (which is not CDSS certified) at their
22 Gruver, Iowa location where their school and administrative offices are also located. Their residential
23 programs for female youth between the ages of 12 and 17 are at two separate locations. Ellinwood, the
24 subject of this report, is licensed for 12 beds and is located in Estherville, IA. Wallingford, also CDSS certified
25 (but the subject of a separate report) is located in Wallingford, Iowa.

SUPERVISOR'S NAME: Marisa Lopez **TELEPHONE:** (916) 851-0631
LICENSING EVALUATOR NAME: Carol Lancaster **TELEPHONE:** (916) 838-6751
LICENSING EVALUATOR SIGNATURE:

DATE: 10/08/2014

Carol Lancaster
I acknowledge receipt of this form and understand my licensing appeal rights as explained and received.

FACILITY REPRESENTATIVE SIGNATURE:

DATE: 10/08/2014
Jennifer Sievert

FACILITY EVALUATION REPORT (Cont)CCLD Regional Office, 744 P STREET, MS 8-3-54
SACRAMENTO, CA 95814FACILITY NAME: FOREST RIDGE YOUTH SERVICES:
ELLINWOOD

FACILITY NUMBER: 602300073

VISIT DATE: 10/08/2014

NARRATIVE1
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32**FACILITY INFORMATION, BACKGROUND AND PROGRAM: (Continued)**

Ellinwood has a capacity of twelve. There are six bedrooms and two bathrooms, as well as living, dining, studying, recreating space, a kitchen and a staff office. At the time of visit, the census was 12. The following states had youth in placement: Iowa, Utah, California.

Forest Ridge's program is designed to identify and interrupt unhealthy patterns of thinking and behavior by teaching the young women in their care to be responsible for themselves and each other, thereby creating a healthier value system. Forest Ridge uses a Socially Interactive Environment approach to create a setting of care and concern, which helps learning to occur.

Specific focus areas include individual counseling, group counseling, Seven Thinking Pattern counseling, level packets, substance abuse treatment/education, Behavioral Health Intervention Services (i.e., Seven Levels of Intervention), community service, education, athletics/recreation, family focused treatment, and transition/discharge planning.

The Female Responsive Programming at Forest Ridge...

- ensures the youth feel safe, both emotionally and physically.
- respects different cultures.
- encourages healthy relationships.
- has positive female role models and counselors.
- talks about the abuse in girl's lives.
- focuses on strengths, not weaknesses.
- talks about sexuality, including pregnancy and parenting.
- has strong educational and work-related opportunities.
- talks about the health needs of females, including healthy diets and exercise.
- values the spiritual lives of the students.
- involves members of girls' families whenever possible.

SUPERVISOR'S NAME: Marisa Lopez

TELEPHONE: (916) 651-0631

LICENSING EVALUATOR NAME: Carol Lancaster

TELEPHONE: (916) 838-5751

LICENSING EVALUATOR SIGNATURE:

DATE: 10/08/2014

Carol Lancaster
I acknowledge receipt of this form and understand my appeal rights as explained and received.

FACILITY REPRESENTATIVE SIGNATURE:

DATE: 10/08/2014

FACILITY EVALUATION REPORT (Cont)CCLD Regional Office, 744 P STREET, MS 8-3-54
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32**CA PLACEMENTS AND PLACING AGENCIES:**

At the time of this year's visit, there were two CA foster youth in placement at Ellinwood: One placed by San Joaquin County Probation; one by Los Angeles County Probation.

IOWA LICENSING INFORMATION:

Ellinwood's current license under the State of Iowa, Department of Human Services, was issued September 1, 2011 and is good for three years (expires September 1, 2014.) An unannounced annual licensing inspection was last conducted on November 5, 2013. The facility was not cited for any violations. The facility is in good standing with Iowa licensing authorities and no administrative actions are pending. There were no complaint investigations during the last year.

FIRE CLEARANCE

Inspection documentation of the Iowa State Fire Marshall reflects that the facility was last inspected July 16, 2014 and deemed to be in substantial compliance with fire codes.

ACCREDITATIONS:

Forest Ridge has their own school. Educational programming (including academic, vocational and physical educational curriculum) is provided at their site in Gruver, Iowa. The clients are transported to and from the site every school day. The school is under contract with the Estherville Lincoln Central Community School District.

Forest Ridge is accredited by CARF (Commission on Accreditation of Rehabilitation Facilities.) The most recent survey was performed April 16-18, 2012 and is good through March 2015.

SUPERVISOR'S NAME: Marisa Lopez

TELEPHONE: (916) 651-0631

LICENSING EVALUATOR NAME: Carol Lancaster

TELEPHONE: (916) 838-5751

LICENSING EVALUATOR SIGNATURE:

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DATE: 10/08/2014