



WILL LIGHTBOURNE  
DIRECTOR

STATE OF CALIFORNIA - HEALTH AND HUMAN SERVICES AGENCY  
**DEPARTMENT OF SOCIAL SERVICES**  
744 P STREET, MS 8-3-54  
SACRAMENTO, CA 95814



EDMUND G. BROWN JR.  
GOVERNOR

January 04, 2013

EXCELSIOR YOUTH CENTER- 602300013  
15001 EAST OXFORD AVENUE  
AURORA, CO 80014



SUBJECT: Re-Certification by the California Department of Social Services (CDSS)

Capacity : 204  
Population Served : Female wards and dependents ages 11-17

Dear Ms. Gabrielson:

Pursuant to California Family Code, Section 7911 et al., this is official notification that CDSS certification for Excelsior Youth Center is continued through November 2013.

California licensing standards require that all serious incidents continue to be reported to CDSS Out-of-State Placement Policy Unit for each child in care regardless of whether he or she is a California placement. Incident reporting shall include the following:

- a. Deaths
- b. Suicide attempts
- c. Suspected physical, sexual, or psychological abuse
- d. Epidemic outbreaks and catastrophes
- e. Injuries and illnesses that require hospitalization or medical treatment (beyond first-aid)
- f. Use of restraint (whether or not they result in an injury to a child)
- g. Any unusual incident or absence that threatens the health or safety of a child

Certification will continue to be reviewed annually. We will continue to follow our Department policy which authorizes us to inspect facilities with or without an appointment as necessary.

If you have any questions please contact me at (916) 651-5380, or Carol Lancaster, Out-of-State Certification Analyst, at (916) 838-5751.

Sincerely,

**MEI YUK KUNG**  
Program Chief

**FACILITY EVALUATION REPORT**

<b>FACILITY NAME:</b>	EXCELSIOR YOUTH CENTER	<b>FACILITY NUMBER:</b>	602300013
<b>ADMINISTRATOR:</b>	JOAN GABRIELSON	<b>FACILITY TYPE:</b>	731
<b>ADDRESS:</b>	15001 EAST OXFORD AVENUE	<b>TELEPHONE:</b>	(303) 693-1550
<b>CITY:</b>	AURORA	<b>STATE:</b>	CO
<b>CAPACITY:</b>	<del>176</del> 204 <i>Annual Re-Cert.</i>	<b>ZIP CODE:</b>	80014
<b>TYPE OF VISIT:</b>	Case Management - <del>Other</del>	<b>CENSUS:</b>	134
<b>MET WITH:</b>	Elaine Atwater, Quality Improvement Director	<b>DATE:</b>	11/16/2012
		<b>UNANNOUNCED</b>	
		<b>TIME BEGAN:</b>	09:15 AM
		<b>TIME COMPLETED:</b>	04:00 PM

**NARRATIVE**

1  
 2 PURPOSE OF VISIT:  
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 4 Annual on-site re-certification visit pursuant to California Family Code section 7911 et al.  
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 6  
 7 CERTIFICATION HISTORY; PROGRAM SERVICES; POPULATION SERVED:  
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 9 Excelsior Youth Services, a Colorado Non-Profit Corporation, sits on 33 acres of land. Three options for  
 10 residential treatment are offered:  
 11  
 12 1. Short-Term Intensive Residential Treatment (Length of Stay 3-5 days)  
 13 2. Assessment and Stabilization Program (Length of Stay 30 days)  
 14 3. (Longer term) residential care. (Average length of stay is 15 months.)  
 15  
 16 Excelsior also offers a Community Based program and Day treatment.  
 17  
 18 Licensed in Colorado for 204 beds; census at the time of visit was 134  
 19  
 20 Excelsior accepts adolescent females, ages 11-17 years, who generally present with emotional and  
 21 behavioral disturbances. The most common diagnoses include mood/depressive disorders, conduct and  
 22 oppositional defiant disorders, post traumatic stress, substance abuse, reactive attachment and attention  
 23 deficits. A high percentage of the girls in the program have had multiple out of home placement including  
 24 foster homes, group home and other less restrictive residential treatment programs. Many have experienced  
 25 multiple psychiatric hospitalization as well.

**SUPERVISOR'S NAME:** Mei Yuk Kung **TELEPHONE:** (916) 327-8763

**LICENSING EVALUATOR NAME:** Carol Lancaster **TELEPHONE:** (916) 838-5751

**LICENSING EVALUATOR SIGNATURE:**



**DATE:** 01/04/2013

I acknowledge receipt of this form and understand my licensing appeal rights as explained and received.

**FACILITY REPRESENTATIVE SIGNATURE:**



**DATE:** 01/04/2013

This report must be available at Child Care and Group Home facilities for public review for 3 years.

**FACILITY EVALUATION REPORT (Cont)**

FACILITY NAME: EXCELSIOR YOUTH CENTER

FACILITY NUMBER: 602300013

VISIT DATE: 11/16/2012

**NARRATIVE**

1  
2 Note: May also accept and provide services to 18-21 years old contingent on placement by court order prior  
3 to their 18th birthday.  
4  
5 Residential treatment programming is operated out of nine cottage-type living units and includes individual,  
6 group and family therapy along with education in the North Central accredited middle and senior high schools.  
7 Evidence based, specialized therapy includes: substance abuse and relapse prevention, canine assisted  
8 trauma based therapy, bully prevention, Strength Based Care, Dialectical Behavioral Therapy, offense specific  
9 treatment, trauma specific treatment, resocialization, independent living skills, Eye Movement Desensitization  
10 and Reprocessing, sexuality, relational aggression, expressive arts therapy, Reactive Attachment Disorder  
11 treatment and life skills.  
12  
13 Excelsior girls are also actively involved in nutrition groups, exercise and wellness activities, recreation, arts  
14 and crafts, music, spiritual counseling, team sports, and cultural activities.  
15  
16 CDSS WAIVERS IN EFFECT:  
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18 • March 28, 2000: Time-delayed egress devices on emergency exits (dorms and school gym door)  
19 • November 6, 2000: Use of a child's temporary room in the Treatment and Learning Center (TLC) for  
20 exclusion.  
21 • August 18, 2005: More than two youth to a room  
22  
23 CURRENT CENSUS & CA PLACING AGENCIES:  
24  
25 At the time of this year's re-certification visit, the census in the residential program was 134. Of this number,  
26 25 were educational/mental health (private) placements from California; and 22 were placements by the  
27 following California social services and probation agencies:  
28  
29 Alameda County Probation (2); Fresno County Probation (1); Los Angeles County Probation (2); Los Angeles  
30 County Social Services (1); Sacramento County Health & Human Services (2); Sacramento County Probation  
31 (1); San Diego County Human Services (1); San Francisco County Human Services (1); San Joaquin Human  
32 Services (1); Santa Clara County Social Services (1); Sonoma County Human Services (5); Sonoma County  
Probation (1); Stanislaus County Probation (1); Sutter County Human Services (1); Ventura County Social  
Services (1).

SUPERVISOR'S NAME: Mei Yuk Kung

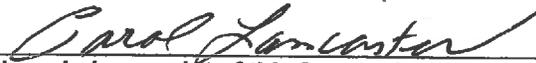
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**FACILITY EVALUATION REPORT (Cont)**

FACILITY NAME: EXCELSIOR YOUTH CENTER

FACILITY NUMBER: 602300013

VISIT DATE: 11/16/2012

**NARRATIVE**1  
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32FACILITY, PHYSICAL PLANT AND PROGRAM CHANGES:

None since last annual re-certification visit.

COLORADO LICENSING INFORMATION:

Excelsior is licensed as a Residential Child Care Facility by:

Colorado Department of Human Services  
Division of Child Care  
1575 Sherman Sreet  
Denver, Colorado 80203-1714

As part of re-certification, this analyst acquired a copy of the facility's most recent license and copies of licensing reports issued over the last year. When contacted and spoken to on the telephone, the Colorado licensing specialist assigned to the facility related that the facility is in good standing and there are no administrative actions or plans of correction pending. She related that the facility's license is perpetual - - meaning that it is renewed annually unless revoked or suspended. The facility is on a two year visit cycle. The last complete inspection was performed September 17-19 & 27, 2012. No serious violations were noted - - one was a physical plant and others were recordkeeping related. The facility subsequently followed up all violations cited with a timely plan of correction.

FIRE CLEARANCE:

Most recent fire inspection conducted by the Aurora Fire Department November 14, 2012; clearance granted.

OTHER MISC. INSPECTIONS; CERTIFICATIONS; ACCREDITATIONS

Excelsior prepares and serves three meals a day for clients Monday through Friday out of a centralized commercial type kitchen and dining room. Menus are developed by a nutritionist according to USDA/federal school lunch guidelines. Daily snacks and meals on the weekend are prepared and served on the nine living units. Each has its own kitchen. Food service operations were last inspected by the Tri County Health Department June 27, 2012.

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SACRAMENTO, CA 95814**FACILITY NAME:** EXCELSIOR YOUTH CENTER**FACILITY NUMBER:** 602300013**VISIT DATE:** 11/16/2012**NARRATIVE**1  
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The Child Care Facility Inspection Report prepared by an inspector with that agency on that date reflects no violations.

The on grounds school attended by the youth is accredited by the North Central Association Commission on Accreditation and School Improvement. The expiration date for the current certificate of accreditation is June 30, 2015. Excelsior's school is also certified by the California Department of Education as a Nonpublic, Nonsectarian School. The most recent certification by that entity reflects effective dates: January 1, 2012 - December 31, 2012. Related services authorized include: Special Education, Behavior Intervention Including Development and Modification, Behavioral Intervention Implementation of Behavior Modification Plans, Counseling and Guidance Services, Health and Nursing Services, Language and Speech Development and Remediation, Parent Counseling and Training, Recreation Services, Specially Designed Vocational Education and Career Development to be provided as stated in the Individualized Education Program.

Excelsior's day treatment and residential treatment services are also accredited by the Council on Accreditation. The most recent accreditation is good through September 30, 2012.

**SCOPE AND STATUS OF RECERTIFICATION REVIEW:**

- Entrance and exit interview with Elaine Atwater, Quality Improvement Director.
- Collection of updated and current licensing documents, organizational and program informational material.
- Review and discussion of program, resources and operations. .
- Criminal background clearance process reviewed with personnel manager.
- Facility tour.

**FINDINGS, VIOLATIONS AND PLAN OF CORRECTION:**

Facility appeared well staffed, well equipped, clean, safe, sanitary in good repair. No violations; no plan of correction necessary.

**CERTIFICATION DECISION:**

Re-Certify for one year. Recertification good through November 2013.

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