



CDSS
WILL LIGHTBOURNE
DIRECTOR

STATE OF CALIFORNIA - HEALTH AND HUMAN SERVICES AGENCY
DEPARTMENT OF SOCIAL SERVICES
744 P STREET, MS 8-3-54
SACRAMENTO, CA 95814



EDMUND G. BROWN JR.
GOVERNOR

September 08, 2014

CINNAMON HILLS YOUTH CRISIS CENTER- 602300079
770 E. ST. GEORGE BLVD
ST. GEORGE, UT 84770

SUBJECT : Initial Certification by the California Department of Social Services

Capacity : 164 Male and Female Youth, Ages 13 -17

Pursuant to California Family Code Section 7911 et al., this is official notification that certification for Cinnamon Hills located at the address referenced above is approved.

Certification will be re-reviewed annually or more often should non-compliance with California Title 22 licensing standards as they apply to California group homes become questionable or at issue. Additionally, serious incidents must be reported to the CDSS Out-of-State Placement Policy Unit for each child in care regardless of whether he or she is a California placement. Incident reporting shall include the following:

- a. Deaths
- b. Suicide attempts
- c. Suspected physical, sexual, or psychological abuse
- d. Epidemic outbreaks and catastrophes
- e. Injuries and illnesses that require hospitalization or medical treatment (beyond first-aid)
- f. Use of restraint (whether or not they result in an injury to a child)
- g. Any unusual incident or absence that threatens the health or safety of a child

While certified, we will continue to follow our Department policy which authorizes us to inspect facilities with or without an appointment as necessary.

If you have any questions, please contact me at (916) 651-5380; or certification analyst Carol Lancaster at (916) 838-5751.

Sincerely,

MARISA SANCHEZ, Manager I
Children's Residential Program
Community Care Licensing

FACILITY EVALUATION REPORT

FACILITY NAME:	CINNAMON HILLS YOUTH CRISIS CENTER	FACILITY NUMBER:	002300079
ADMINISTRATOR:	B.L. WILLIAMS	FACILITY TYPE:	731
ADDRESS:	770 E. ST. GEORGE BLVD	TELEPHONE:	(435) 986-8649
CITY:	ST. GEORGE	STATE:	UT
CAPACITY:	184	ZIP CODE:	84770
TYPE OF VISIT:	<i>Initial Certification</i>	CENSUS:	ANNOUNCED
MET WITH:	Ben Nickles; John Nielsen, Administrators	DATE:	08/28/2014
		TIME BEGAN:	10:07 AM
		TIME COMPLETED:	04:00 PM

NARRATIVE

1
2 PURPOSE OF VISIT:
3
4 As mandated by California law, this initial on-site visit was performed on August 28, 2014 by the undersigned
5 analyst in order to assess and determine Cinnamon Hill's eligibility and suitability to be certified as an
6 out-of-state group home provider by the California Department of Social Services (CDSS.) To become
7 certified, an out-of-state group home must:
8
9 1. be in substantial compliance with California's Title 22 licensing regulations which apply to children's group
10 homes in California; as well as
11 2. be licensed and in good standing with the licensing laws of the state the facility is located in - - in this
12 case the state of Utah.
13
14 REQUEST FOR CERTIFICATION / APPLICATION HISTORY:
15
16 In a letter dated June 3, 2014, CDSS certification of Cinnamon Hills was requested by Placer County Health
17 and Human Services.
18
19 A letter of intent and application material was received from the facility on July 24, 2014.
20
21 FACILITY INFORMATION AND PROGRAMMING:
22
23 Cinnamon Hills is located in the downtown area of St. George, Utah. The city of St. George is located in the
24 southwestern part of the state of Utah on the Utah-Arizona border approximately 117 miles northeast of Las
25 Vegas, Nevada, and 303 miles southwest of Salt Lake City on Interstate 15.

SUPERVISOR'S NAME: *Marissa Sanchez* TELEPHONE: (916) 657-5380

LICENSING EVALUATOR NAME: Carol Lancaster

TELEPHONE: (916) 838-6751

LICENSING EVALUATOR SIGNATURE:

DATE: 09/08/2014

Carol Lancaster
I acknowledge receipt of this form and understand my licensing appeal rights as explained and received.

FACILITY REPRESENTATIVE SIGNATURE:

DATE: 09/08/2014

This report must be available at Child Care and Group Home facilities for public review for 3 years.

FACILITY EVALUATION REPORT (Cont)

CCLD Regional Office, 744 P STREET, MS 6-3-54
SACRAMENTO, CA 95814

FACILITY NAME: CINNAMON HILLS YOUTH CRISIS CENTER

FACILITY NUMBER: 602300079

VISIT DATE: 08/28/2014

NARRATIVE

1 FACILITY INFORMATION AND PROGRAMMING: (Continued)

2
3 Cinnamon Hills, Inc. is a non-profit corporation organized and operated to provide residential treatment and
4 educational programming to 164 youths, both male and female, ages 13 to 17. In business for over ^{years}
5 the facility has been at its current location for 22 years. The youth in care present with emotional and
6 behavioral maladaptive characteristics which impede their ability to succeed in a conventional/public
7 educational setting as well as other areas of their life. The vast majority of clients at the facility are
8 educational/mental health clients whose placement is Individual Education Plan (IEP) based - - most being
9 from California however not within the foster care system. The exception is a few Utah foster youth. At the
10 time of visit the census was 75 - - two thirds being males; one third female.

11
12 The buildings and grounds that comprise the facility are two contiguous properties located directly next to
13 each other on a downtown street, which were originally built (and formerly operated) as motels. The two
14 properties remain separate and distinct and are operated as two different programs/campuses: One operated
15 as the Behavior Management Campus; the other, the Life Skills campus. Approximately three-quarters of the
16 current population are residing at the Behavior Management Campus; one-quarter in the life skills campus.
17 Upon admission, each student is assigned to a living unit on the Behavior Management Campus with the
18 hope that with 20 consecutive weeks of successful programming, they will transition to the Life Skills Campus
19 which offers less structure, additional freedoms and preparation for returning home and/or young adult living.

20
21 Building and grounds components of both campuses include shared sleeping rooms (two sets of bunkbeds /
22 four to a room), storage space, a sufficient number of restrooms, academic classrooms, activity rooms for
23 group activities and group therapy sessions, private therapy offices for individual sessions, a gymnasium and
24 fenced swimming pool for physical activities, an enclosed well-landscaped courtyard for outdoor activities, a
25 library, a classroom computer lab, private visiting rooms, cooking and dining amenities, conference rooms for
26 parent and educational workshops and administrative and staff offices.

27
28 Staff to client ratio on the Behavior Management Campus is 1:4 during daytime programming; 1:8 during
29 sleeping hours (awake night staff.) For the Life Skills Campus, slightly lower ratios are maintained.

30
31 SUPERVISOR'S NAME: *Marisa Sanchez*

TELEPHONE: (916) 657-5390

LICENSING EVALUATOR NAME: Carol Lancaster

TELEPHONE: (916) 838-5751

LICENSING EVALUATOR SIGNATURE:

DATE: 09/08/2014

32
Carol Lancaster
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FACILITY REPRESENTATIVE SIGNATURE:

DATE: 09/08/2014

FACILITY EVALUATION REPORT (Cont)CCLD Regional Office, 744 P STREET, MS 8-3-54
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FACILITY NAME: CINNAMON HILLS YOUTH CRISIS CENTER

FACILITY NUMBER: 602300079

VISIT DATE: 08/28/2014

NARRATIVE1
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32UTAH STATE LICENSING INFORMATION:

The facility is under one Residential Treatment License for 164 clients issued by the State of Utah, Department of Human Services, Office of Licensing (#7425.) Licenses of this type are (re)issued yearly subject to an annual renewal visit to insure ongoing satisfactory compliance. The current license is good for the period: June 1, 2014 through May 31, 2015. Copies of the last two renewal reports, conducted May 6, 2014 and May 15, 2013 respectively, reflect substantial compliance with no deficiencies cited. Telephone contact with the Utah licensing evaluator confirmed that the facility is in good standing with his agency with no administrative actions pending.

FIRE CLEARANCE:

Cinnamon Hills undergoes a fire inspection annually performed by authorities with the City of St. George Fire Department. A report from that agency reflected that an inspection was last performed on January 22, 2014, and the facility was found to be in compliance - - no deficiencies cited.

HEALTH DEPARTMENT CLEARANCE:

Facility has a main kitchen on the Behavior Management Campus where food is prepared as well as three dining rooms where it is served. Some of the students' living quarters have kitchenettes. Food and kitchen supplies appeared adequate, clean and orderly. A Food Establishment Inspection Report dated January 7, 2014 issued by the Southwest Utah Public Health Department reflected that an inspection was conducted on that date and the amenities met all standards with no violations being noted.

EDUCATION RELATED CERTIFICATIONS AND ACCREDITATIONS:

Cinnamon Hills has on-grounds non-public schooling accredited by AdvancED (Northwest Accreditation Commission) and certificated through the Utah State Office of Education and the California Department of Education (CDE.) The facility was last evaluated by the CDE February 27-28, 2014; and its certification was approved for the period January 1, 2014 through December 31, 2014 (grade levels 6-12.) The AdvancED accreditation is good through June 30, 2015.

SUPERVISOR'S NAME: *Marissa Sanchez*

TELEPHONE: (916) 654-0118

LICENSING EVALUATOR NAME: Carol Lancaster

TELEPHONE: (916) 838-5751

LICENSING EVALUATOR SIGNATURE:

DATE: 09/08/2014

Carol Lancaster

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FACILITY EVALUATION REPORT (Cont)

FACILITY NAME: CINNAMON HILLS YOUTH CRISIS CENTER

FACILITY NUMBER: 602300079

VISIT DATE: 08/28/2014

NARRATIVE

1
2 OTHER ACCREDITATIONS / CERTIFICATIONS:
3
4 Cinnamon Hills is accredited as a Behavioral Health (Residential Care) facility by the Joint Commission. The
5 last survey date was November 11, 2011 and the accreditation is customarily valid for 36 months. Facility
6 staff are trained and certified in Non-Violent Crisis Intervention, an internationally recognized crisis
7 intervention training program offered by Crisis Prevention Institute, Inc., While this program's primary focus is
8 on preventative techniques and verbal de-escalation, physical control techniques (hands-on restraints) may
9 be performed when a youth is posing an eminent danger to self or others and proves non-responsive to
10 non-physical measures. The facility has five of its staff trained as trainers who train the other staff, keeping all
11 certifications current and relevant.
12
13 SCOPE OF VISIT:
14
15 • Entrance and exit interviews with Program Administrators Ben Nickles and John Nielsen.
16 • Discussion of application material provided, program and services offered and California Licensing
17 standards and requirements
18 • Buildings and grounds tour.
19 • A sample of staff records reviewed.
20
21 Note: No client records were reviewed due to no CA foster youth currently in care and confidentiality
22 standards relative to examining the records of non-CA foster youth.
23
24 FINDINGS:
25
26 The following areas meet and/or exceed California group home standards or are comparable or otherwise
27 allowable with waivers:
28
29 • Buildings and grounds: Sufficient, clean, safe, sanitary and in good repair.
30 • Staffing levels and utilization of licensed/certified treatment staff.
31 • Facility is nicely furnished; clients have individualized space for clothes and possessions.
32 • Adequate supply of food and menus which meet federal guidelines.

SUPERVISOR'S NAME: *Marissa Sanchez*

TELEPHONE: (916) 657-5380

LICENSING EVALUATOR NAME: Carol Lancaster

TELEPHONE: (916) 838-5751

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FACILITY EVALUATION REPORT (Cont)

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32FINDINGS: (Continued)

- Ongrounds medical clinic with full time nursing staff; and during off hours of nursing staff, only authorized staff who are adequately trained and certified in medication handling can do so; staff are first aid/CPR trained
- Staff undergo adequate background checks prior to being alone with clients
- Staff are trained/certified in CPI Non-Violent Crisis Intervention .
- Facility is in good standing with the State of Utah and other local oversight agencies.
- Facility is Joint Commission accredited.
- Facility agrees to comply with CA incident and restraint reporting requirements on all clients in care (not just CA foster placements.)

Waivers are being granted to the following areas:

- Bunkbeds; four to a room
- Standardized school uniform type clothing being issued/required

Of some concern is personal rights and Utah Licensing standards versus California's. The property in which the Behavior Management campus is located on is enclosed within wrought iron fencing with only one point of entrance/exit - a front gate which is supervised 24/7 by staff. This front gate is locked from the outside preventing free access/entry by unwanted or unauthorized individuals or guests. From the inside however, a button may be pushed which unlocks the gate and allows exit (with no delayed egress.) The facility has been forewarned that California personal rights allow for a foster youth to leave should they wish to. The exception to this standard is an approved individualized runaway plan developed jointly by the placing agency and the facility in advance and incorporated in the youth's needs and services plan. This plan may be written to include and support the use of physical restraint to prevent a client from leaving, where in doing so, he or she is believed to place himself or herself or the community in danger. Without such a plan in place, the facility would be violating California licensing personal rights standards in preventing a client from leaving and may be cited for violation.

CERTIFICATION DECISION:

Approve.

SUPERVISOR'S NAME: *Margisa Sanchez*

TELEPHONE: (916) 657-5880

LICENSING EVALUATOR NAME: Carol Lancaster

TELEPHONE: (916) 838-5751

LICENSING EVALUATOR SIGNATURE:

DATE: 08/08/2014

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FACILITY REPRESENTATIVE SIGNATURE:

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